



**Mossy Creek**  
ELEMENTARY SCHOOL  
Home of the Lions  
Know, Value, & Inspire Every Child



## Harvest of the Month: Kale



### Friday, December 1

#### Stowers Family Day

BBQ Sandwich  
Hamburger  
Baked Beans  
Potato Wedges  
Sandwich Fixings  
Fruit Ice

## Available Daily

**Salad and Fruit available daily with lunch.**

**Breakfast Items include: Biscuit or Choice of Entrée, Cereal, Muffins, Assorted Fruits and Juices, and Choice of Milk.**

**Daily Milk Choices include 1%, fat free chocolate and strawberry milk.**

**Full Meal Prices: Breakfast free, Lunch: \$1.90, reduced price \$0.40  
School Staff:**

**Breakfast \$1.50, Lunch \$3.25  
Visitors: Breakfast \$1.50, Lunch \$3.50**

**Menu subject to change due to availability.**

**This institution is an equal opportunity provider.**

### Monday, December 4

Steak Fingers  
with Gravy  
Ham and Cheese  
Panini  
Rice  
Broccoli with  
Cheese  
Roll  
Tossed Salad

### Tuesday, December 5

Ravioli  
Hotdog  
Potato Smiles  
Green Beans  
Coleslaw  
Brownie

### Wednesday, December 6

General Tso's  
Chicken with Rice  
Ribeque  
Eggrolls  
Buttered Carrots  
Tossed Salad

### Thursday, December 7

Domino's  
Cheese Pizza (\*)  
Domino's  
Pepperoni Pizza (\*)  
Grilled Cheese  
Sandwich  
Tomato Soup  
Green Peas  
Veggie Dippers

(\*) see announcement on next page

### Friday, December 8

#### Whitaker Family Day

Chicken Fajita  
Nachos  
Chicken Quesadilla  
Pinto Beans  
Corn  
Tossed Salad  
Pudding

Monday, December 11

Chicken Alfredo  
Corndog  
Green Beans  
Glazed Carrots  
Texas Toast

Tuesday, December 12

**Taco Tuesday**

Tacos  
Cheese Quesadilla  
Pinto Beans  
Corn  
Salsa / Lettuce /  
Tomatoes



Wednesday, December 13

Chicken Strips  
with Gravy  
Yogurt Plate  
Mashed Potatoes  
Green Peas  
Tossed Salad  
Biscuit

Thursday, December 14

Domino's  
Cheese Pizza (\*)  
Domino's  
Pepperoni Pizza (\*)  
Deli Sandwich  
Chicken Noodle  
Soup  
Corn  
Veggie Dippers

Friday, December 15

Spaghetti  
Mini Corndogs  
Broccoli  
Carrot Coins  
Texas Toast  
Tossed Salad



Monday, December 18

**Wills Family Day**

Hamburger  
Chicken Sandwich  
Baked Beans  
Potato Wedges  
Sandwich Fixings

(\*) We are happy  
to announce that  
starting this month,  
we are able to

offer Domino's Pizza with regular (not  
whole wheat) crust. We hope you enjoy!

Tuesday, December 19

1/2 Day

Sack Lunch



**COLD. YES.  
DARK. YES.  
BORING. NEVER.**



Not only do kids eat more in the winter, they  
also tend to exercise less. Even if it's cold  
where you live, you still need to be moving for  
a total of at least an hour a day! Some of that  
can happen indoors, but there are plenty of  
outside activities that can keep you warm, too!

**kale** the queen of greens



**HAVE A HEALTHY  
CHRISTMAS**



Enjoy your winter holidays! We look forward to seeing you back in class and in the cafeteria on Thursday, January 4, 2018.